

The Sport Situational Prevention Approach



Sport Situational Prevention Approach (SSPA)

Developing a Sustainable Program to Enhance Athlete Safety

Understand Your Risks



Get the information you need about the potential safety risks to athletes in your organization. Early detection of risks is key to your ability to prevent any kind of athlete harm.

Create Effective Safety Solutions

Using a systematic and strengths-based process, the SSPA will guide you toward the development of solution strategies that are tailored to address your organization's most pressing safety risks and concerns.

Create a Stronger Culture



Athlete safety is everyone's responsibility, and everyone has a positive and meaningful role to play. The SSPA encourages collaboration on safety efforts by multiple groups of organizational stakeholders.

Make Lasting Positive Changes

The SSPA can help define actionable next steps aimed at improving safety in a sustainable way by considering the influence of underlying factors such as policies, climate, and social norms.

Big Return on Small Time Investment



Its streamlined approach and small footprint make undertaking the SSPA possible for even the busiest of sports programs. Athletes attend just a single meeting, while staff form a 4-6 person workgroup that meets a total of three times over the course of 1-2 months.

Other Benefits of Participating

The program is FREE, and we will facilitate all aspects of the program at the time and location of your choice. You will receive safety consultation information, implementation plans to guide taking action to address risks, and increased capacity to enhance athlete safety within your organization.

CONTACT US TO DISCUSS HOW THE SSPA CAN STRENGTHEN YOUR PROGRAM'S ATHLETE SAFETY!

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